



Banana Chocolate Nice Cream

“The term nice cream refers to an ice cream like concoction made with frozen bananas”

Prep Time: 10 minutes

Yield: 4 servings

Ingredients

4 frozen sliced bananas

¼ cup raw cacao powder

1/2 cup unsweetened coconut milk

1/2 teaspoon kosher salt

Preparation

1. Add bananas, cacao powder, coconut milk, and salt in a food processor. Process until smooth, scrape sides of bowl occasionally. Spoon about 3/4 cup soft serve into each bowl and serve immediately.

Recipe provided by Chef Teresa Hansen www.chefhansen.com